

# Tricobuild:EP

## Minoxidil

Only Supplied via Registered Trichologist

Tricobuild:EP is a topical solution containing Minoxidil. Minoxidil was first created as a blood pressure medication but patients began to notice they were growing more hair. With a change of direction, doctors started prescribing minoxidil as a hair-loss supplement that promotes a full, healthy head of hair. Tricobuild:EP stimulates the scalp area—specifically the deadened hair follicles—which exerts maximum hair growth on the crown of the head for men and women. The exact way Tricobuild:EP stimulates hair follicles is not known, but is suggested that the solution improves blood circulation to the scalp area.

It took time to lose your hair, and with Tricobuild:EP Minoxidil it will take time to see results, between 2 and 4 months of product usage is when you can expect to see results.

**Please read this leaflet carefully.** It will help you to understand how use Tricobuild:EP Minoxidil, topical solution and what you can expect from its usage. For best results Tricobuild:EP needs to be applied to the **scalp** (not hair) twice a day, every day. Directions for usage:

1. Part the hair in the area of thinning or loss, this is important as the Tricobuild:EP Minoxidil needs to be in direct contact with the scalp.
2. Spritz the Tricobuild:EP Minoxidil onto your fingertips using 1-2 full pumps, gently massage into the scalp in the affected area. Repeat for each area of loss. Apply **sparingly**; 'less is more' there should be no drips or runs after application.
3. Wash hands thoroughly after use.
4. Apply once in the morning and once at night. Always after washing when the scalp is dry as the solution needs to stay on the scalp, and if possible at least an hour before going to bed to gain the best penetration.
5. **NEVER ingest Tricobuild:EP** Minoxidil it is for topical, use on the scalp) ONLY.

### Frequently Asked Questions:

#### *How soon can I expect to see results?*

Hair grows at between ½" and 1" per month, hair growth can be seen between 2 – 4 months after using the Tricobuild:EP Minoxidil. When you first begin to use Tricobuild:EP you may experience a slight increase in hair loss, this is perfectly normal and is a result of the old hairs shedding, getting ready for the new hair to re-grow.

#### *What will the new hair look like?*

The new hair will be soft, colourless and fuzzy to start, then will change to become the same colour and thickness as the other hairs on your scalp. Remember we are stimulating miniaturised hairs from the follicles which takes time and patience to see the full effect.

#### *How long do I need to use Tricobuild:EP Minoxidil for?*

If Tricobuild:EP is working for you, it is necessary to use it continually, otherwise your hair loss will return, starting with the newly grown hair and continuing in the androgenetic loss pattern particular to you.

#### *What if I miss using Tricobuild:EP?*

If you miss a dose, just continue when your next dose is due, do not try to add in an additional dose, the twice a day regime is balanced to give optimum re-growth and should never be increased or decreased.

#### *How do I wash and Style my hair using Tricobuild:EP?*

Use a good quality mild shampoo and conditioner, towel dry hair, apply Tricobuild:EP and allow 15 minutes for it to soak into the scalp. Any styling products can be used on the mid lengths and ends of your hair.

#### *Can I have my hair coloured or permed using Tricobuild:EP?*

Yes you can, however to avoid any possibility of scalp sensitivity ensure Tricobuild:EP is thoroughly washed off your scalp prior to treatment. Leave 24 hours after your colour or perm treatment before you apply Tricobuild:EP. Colour treatments should always be patch tested by your hair professional prior to application.

#### *Can I wash my hair after applying Tricobuild:EP?*

You need to leave about 2 hours after application, before you wash your hair, otherwise the solution will not work as effectively as possible.

### WARNINGS:

- For external use only
- Flammable: Keep away from Fire or Flame
- May be harmful if used when pregnant or breast-feeding
- Keep away from children
- If swallowed get medical help immediately
- Ask your doctor if he approves use, if you have heart disease.

### Do Not Use if:

- You have Frontal Fibrosing Alopecia or receding hair line due to autoimmune conditions.
- Your hair loss is sudden or patchy
- You do not know the reason for your hair loss
- You are under 18 years of age. Do not use on babies or children
- Scalp is red, inflamed, infected, irritated or painful
- You use other medications on the scalp.

### When using Tricobuild:EP,

- Never take by mouth or use on other parts of the body.
- Allow time for Tricobuild:EP to dry completely before wearing a hat or lying on a pillow, etc. May cause staining to clothing and linens if damp on the scalp.
- Avoid contact with the eyes. In case of accidental contact, rinse eyes with lots of cold tap water.
- Some people may experience changes in hair colour and texture.
- It can take up to 4 months to see results, the amount of regrowth is different for each person, it will not work for everyone.

### Stop use and see Doctor or consult your Trichologist if:

- You experience chest pain, rapid heartbeat, faintness or dizziness
- Sudden unexplained weight gain occurs
- Your hands or feet swell
- Scalp irritation or redness occurs
- Unwanted facial hair growth occurs

### Common Side Effects:

The most common side effects are itching and skin irritation to the treated area of the scalp. If scalp irritation continues, after a couple of weeks stop use and see your Trichologist or GP. Unwanted hair growth on the face and body have been reported in some cases, however this is rare and is reversible by ceasing usage. Use only as directed on your scalp to minimise any chances of unwanted hair growth. Wash your hands thoroughly after application and leave 1–2 hours after your night time application to allow the solution to thoroughly dry, before you go to bed.